

Massage Menu

Swedish Massage

Our classic full-body massage is designed to promote relaxation and soothe sore muscles. Combining long, gliding hand strokes and kneading of separate muscles, it relieves tension, reduces stress and stimulates circulation.

Deep Tissue Massage

This intense therapeutic treatment works the deeper layers of muscle tissue. The Deep Tissue is a strong massage excellent for active individuals who desire to alleviate tightness and reduce muscle spasm. This session will increase blood flow and eliminate toxins.

Sports Massage

Our Sports massage is just the right treatment for people with injuries, chronic pain or restricted range of motion. In addition to the benefits of a Deep Tissue Massage, the Sports Massage therapist also uses trigger point therapy to break down adhesions (knots in the muscles) and various stretching sequences to increase range of motion.

Pre Natal Massage

The pregnancy massage is perfect for the mom-to-be at any stage in pregnancy. Our expert therapists are trained in pregnancy massage and will work with you to customize the session to the needs of your changing body, shifting weight and strains. This is necessary to help relieve tense muscles, improve circulation, ease sore spots, and increase mobility to help you feel your best.

Reiki

This session begins with a consultation to discuss and determine your areas of tension. Our therapist will then place their hands on or above the trouble areas of your body to bring you healing energy, remove toxicity and align your chakras.

Reflexology

Our expert will sit, listen and assess the best approach for your body's needs. Lay back and relax to the sounds of nature while your feet, hands and ears are massaged with the ancient form of reflexology to encourage a beneficial effect on other parts of your body and to promote over-all general health.

Manicures & Pedicures Menu

Classic Manicure

Enjoy our classic indulgence manicure while you melt away your stress by listening to the sounds of nature. Included in this treatment is a moisture replenishing hand massage, cuticle maintenance, file, buff, and specialty polish of your choice

Brazilian Spa Pedicure with Foot Treatment

Lay back and relax while we surround you with the soothing sounds of nature and indulge you with a nourishing foot massage using aromatic essential oils. This treatment concludes with an invigorating foot exfoliation and complete nail care polish.

*All hotel guests must book both manicure and pedicure service with singular appointment.

Facial Menu

Facial Refresher

Feel like your skin needs a revitalizing power boost? Then this treatment is for you! Combined energizing massage techniques that release tension in the facial muscles and a specialized contour masque makes this the ultimate in skin therapy for prematurely-aging, dry, tired and devitalized skin! Your skin will be noticeably brighter, smoother and revived after one session!

The Galvanic Spa™ System Facial Treatment

We invite you to experience the rejuvenating effects of a professional spa treatment in the comfort of your own environment. Using cutting-edge, patent-pending technology, The Galvanic Spa™ Treatment will smooth lines and wrinkles, rejuvenate your complexion, revitalize your scalp and renovate your body!

Hair and Makeup Menu

Makeup Tutorial

Enjoy an intimate consultation with our professional makeup artist. Together you will explore the myriad of techniques used to create the perfect customized makeup routine to best suit your personal look and lifestyle needs. This session includes step by step instruction in makeup selection and application with emphasis on the most effective products and methods available to enhance your natural beauty and keep you looking your best!

Special Event

Whether soft, glam or high fashion, our experts will custom craft any look you desire for your special event. Our policy is: Great makeup, glowing skin.

The Wedding Makeover

This complete makeup application is designed expressly for the bride to be and the members of her wedding party. Our goal is to have you looking your very best for this most special of days!

Haircuts, Styling, Coloring & Blow-outs

Our expert stylists customize each hair service to your needs and desires with cuts, color, up-dos, blow-outs and complex styling designs. We invite you to sit back and relax in your hotel room while getting your new and fabulous hair style. Each service begins with a relaxing scalp massage, so treat yourself!

Waxing and Tanning Menu

Waxing Services

All waxing services and treatments begin with a soothing hand and foot massage during the wax preparation. Combine the services of your choice!

- Whole face • Eyebrow • Lip • Chin • Half leg • Full leg • Full leg with bikini • Bikini • Extended bikini
- Brazilian • Underarm • Back • Half Arm • Full Arm • Brow Tinting • Lash Tinting • Brow and Lash Tinting

Tanning Services

Get that gorgeous sun-kissed look without damaging your skin. Sunless tanner is applied to your body in about 15 minutes, and leaves you looking beautifully bronzed and not orange. This unique formula is sprayed on with a special machine that allows the color to be contoured to your body shape and skin tone. Increasingly popular with celebrity clients in Miami and Los Angeles, this spray-on tan lasts for five to seven days and leaves you with a healthy glow and natural looking tan.

Yoga Menu

Yoga Services

Our Yoga Instructors have years of experience following and teaching many paths of yoga, including but not limited to; Hatha, Kundalini, Ashtanga, Power, and Bikram practices. We customize every class to our clients' needs and interests. Most sessions contain meditation, mantras, posture and breathing exercises in specific sequences to bring energy and balance to the mind and body. This class will improve both your mental alertness and physical strength and flexibility as it centers the mind and opens the spirit.

Spa Parties & Packages Menu

Spa Parties

Planning a Bridal or Baby Shower, Bachelorette, Sweet Sixteen, Birthday, Graduation, Poker Night, Fiesta, Cocktail Hour...or "you name it" Spa Party? Let Indulgence The Home take care of it all! We absolutely love to throw Spa Parties by creating the most unique and memorable experience for you and your guests. It is our mission to make you feel on top of the world and to bring to fruition what you envision. We will work with you and your budget by customizing our services and every last detail. Call us today for a quote and to get your perfect Spa Party underway!

Bridal Package

Wedding details can become overwhelming, especially as your big day approaches. Let Indulgence The Home Spa help by bringing professional spa services directly to your home or hotel room. Our top notch staff will help you prepare for your wedding in the comfort and privacy of your desired location. And Indulgence knows it isn't just the bride who needs pampering, so we've included a massage and tanning for the groom as well!

Bridal Package includes: • A one hour massage for both bride and groom • Full Body Tanning • Pedicure and manicure (Bride only) • Hair and makeup (bride only, free consultation is included)

Rules and Regulations

- Requests for services may be made at any time and we will always do our best to accommodate the client. Appointments must be made 48 hours in advance to guarantee our services (with the exclusion of weddings)
- Twenty four hours notice is required to cancel appointments (with the exclusion of weddings)
- Cancellations made in less than a twenty four hour period will be charged for all scheduled services.
- Wedding services must be booked one month in advance to guarantee our services, but we will always do our best to accommodate all requests
- Seven days notice is required for wedding service cancellations otherwise the client will be charged for all scheduled services.
- A 10% discount will be given for parties of five or more
- Payment method to be determined by an agreement with your establishment and Indulgence The Home Spa
- We cater to the Santa Barbara area, but special arrangements can be made to provide service anywhere in the United States